



**Cobh Pirates RFC**  
**The Paddocks**  
021 4813 890  
tagrugby@cobhpirates.com

# Tag Rugby

## Rules & Regulations

- Entry forms must be completed and handed to the Rugby Officer on the registration date
- *Closing Date:* Monday 22nd, June @ 7pm with €50 deposit cash or cheque payable to Cobh Pirates RFC
- Entry fee is €12 per person or €120 per team of 10.
- Register your team at the registration date Monday 15<sup>th</sup> June @ 7pm in the clubhouse
- Give the names of your team to the organisers, and pay the entry fee. Each team member will need to pay a minimum entry fee of €5 on registering. This fee will grant you social membership to Cobh Pirates RFC for the duration of the tournament.
- Teams consist of a maximum of 10 players. 7 players will be on the pitch at all times, with 3 reserves on the bench. Reserves can be swapped in at any time during the game as many times as needed.
- Teams must have a mix of male and female players, with a minimum of 3 females per team, where by 2 will be playing at any one time and 3 non rugby players per team, where by 2 will be playing at any one time.
- Referees decision is final.
- League point scoring after game completed: 5 - Win; 3 - Draw and 1 - Loss
- Time: Games will be 14 minutes with a change of ends after 7 minutes.
- All teams play each other, and league table will be used to seed teams for the finals



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## The 5 Basic Rules:

### **Rule 1- Method of scoring**

A try is worth one point. To score a try a player must carry the ball over the opponents' goal line and press the ball down on the ground. After a try is scored the game restarts from the centre of the field with a free pass by the non-scoring team.

### **Rule 2- Passing**

No forward passes are allowed and will be penalised by a free pass being awarded to the non-offending team at the place the ball left the player's hands.

#### **THE NO FORWARD PASS RULE**



### **Rule 3- The 'Tackle' (Tag)**

Only the player with the ball can be tagged and a tag is simply the removal by a defender of one of the two ribbons from the ball carrier. Ball carriers can run or dodge potential taggers but cannot fend them off, spin around or guard or shield their ribbons in any way. This includes using the ball to fend away defenders.

The defender then holds the ribbon above their head and shouts 'tag' for all to hear. Defenders must back off at least one metre from the ball carrier, allowing space for them to pass. They are not allowed to snatch the ball from the player's hand.

Once tagged, the player in possession of the ball must attempt to stop as soon as possible and pass the ball within 3 seconds

Near the goal line, players are only allowed one step to score after being tagged. If their momentum means they have taken 2 or 3, then they must attempt to pass to a team-mate to score, even if they are now over the goal line.

After a tag has been made, both the ball carrier and the defender are momentarily out of the game. The defender can take no further part until they have handed back the ribbon to the attacker and the attacker no further part, until they have replaced their ribbon back on their belt. The defender hands back the ribbon only after the attacker has passed the ball.

### **Rule 4 - The Free Pass**

A free pass is used to start the game (from the centre of the field) or to restart it at the place where the ball went out of play or an infringement took place.

At a free pass the ball is held in two hands and on the instruction 'play' given by the referee the player passes the ball to a team-mate.

The player making the free pass must start play with a pass, they are not allowed to run with it themselves. The opposition cannot start moving forward until the player has actually passed the ball. At a free pass, the opposition must be 10 metres back.

### **Rule 5- Ball out of play**

If the ball or ball carrier goes out of play a free pass is given to the other team from the sideline.

Tournament Start Date: Monday June 22<sup>nd</sup> at 7pm  
 Registration Date: Monday June 15<sup>th</sup> at 7pm  
 Venue: Main Pitch, The Paddocks  
 Cost: € 12 per person or €120 per team of 10  
 League Match Dates & Times: Every Monday from 7pm to 9pm

Please be early and be organised !



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# Entry Form

Team Name:			
Team Captain:			
Contact Number:			
Contact Email:			
Reg. Fee Paid:	YES	NO	Amount: €
	<u>Team Members</u>		
Rugby Player #1:			
Rugby Player #2:			
Rugby Player #3:			
Rugby Player #4:			
Female Player #1:			
Female Player #2:			
Female Player #3:			
Non Player #1:			
Non Player #2:			
Non Player #3:			